

THE HOLY SPIRIT IN EAST ANGLIA SPRING 2024

**Catholic Charismatic Renewal Newsletter
For the Diocese of East Anglia**



NORTH WALSHAM PARISH RETREAT DAY
Church of the Sacred Heart, Kings Arms St, NR28 9JL
SAT 9th MARCH 2024

“ENCOUNTER WITH CHRIST”

**An opportunity to hear Christ’s unique call to you afresh
and know his unconditional love changing your life.**



**Renew your faith with a closer walk with Jesus.
Open more to His Holy Spirit to guide and bless.**

**This day is offered by the diocesan team serving Charis
And will be led by Fr Luke Goymour.**

**There will be Mass, adoration, praise, talks
And an opportunity for confession and to be prayed with.**

**The day begins at 10.00 and finishes at 4.30
Bring a packed lunch. Tea and coffee provided.**

**To find out more contact Maggie on 07886249254 or
mmbdullaghan@gmail.com**

ONWARD AND UPWARD

Since our last newsletter in September 2023, Pope Francis has taken the opportunity to address Charis, the worldwide support for renewal in the Holy Spirit. The Rome conference he spoke at on 4th Nov 23, was convened for the 5th anniversary of the setting up of Charis, to enquire of everyone, “How is the work of Charis going?”

One of the goals in the Charis Statutes, that Pope Francis referred to, was to increase the number of courses of Life in the Spirit Seminars. In his talk he referred to these as “experiences of initial proclamation” to reach the greatest number of people with an opportunity to encounter Jesus and experience the Church as a welcoming place.

He would like to see the Seminars offered “in small and remote places” as well as in “large venues by well known leaders.” If you wish to use this evangelising tool in your own home or parish, courses like “The Gift”, that offer recorded video talks for each of the 7 topics, are a good way to proceed. They show God’s plan of salvation succinctly, and stimulate discussion. They also offer an opportunity for participants to have prayer for a release of the power of the Holy Spirit in their lives. This and other courses are readily available through the internet. Or email philipwalters228@gmail.com for more information.

FOSTERING SPIRITUAL GROWTH

Another theme from the Charis Statutes the pope mentioned concerned *encouraging the spiritual growth of each baptised person*. He commented, “It should not be taken for granted that once someone has received baptism in the Spirit that he or she is already fully Christian. The path to holiness always involves growth in personal conversion and in the generous gift of oneself to Christ and to others, not merely in a sense of individual spiritual consolation.”

Our days of renewal have always aimed to encourage spiritual growth by offering people an opportunity for ongoing reflection and

prayer, with a speaker to inspire and inform, and an opportunity to fellowship with other Catholics on this spiritual journey of growth. The teaching element of these days also makes them suitable for bringing along parishioners and friends to hear about renewal in the Spirit for the first time.

PARISH RETREATS

In the last newsletter I talked about the parish retreats our team has been giving in different parishes in the diocese. We have now run 3 of these and have been very encouraged by the enthusiasm with which they have been received. In 2 of these we have been invited back for follow up. These retreats are a fruitful way of helping Catholics renew their baptism and learn to go deeper in their faith, empowered by the Spirit.

You will see on page 2 that Fr Luke Goymour is leading one of these days with our Charis team in a few weeks time. We shall be offering prayer and praise and prayer ministry to parishioners from the 3 parishes served by Fr Peter Raj - Aylsham, Hoveton and North Walsham. The day will be held in North Walsham.

If you are not of these parishes you are still very welcome to come along to support this day and refresh your own faith in preparation for Easter. Fr Luke, who is parish priest of St Mark's in Ipswich, is a lively and passionate speaker who has great insight into ways of encountering Christ afresh, which is the theme of the day.

Philip Walters

TRANSFORM MINISTRIES

Weekend retreat at St John's Cathedral

Fr Gladson is leading a weekend of healing, restoration and deepening your faith and spirituality in St John's Cathedral from Fri 1st to Sunday 3rd March 2024. See parish website for more details

www.sjbcathedral.org.uk/awake-norwich-parish-lent-retreat